

ORDERING REPLACEMENT PARTS

To order replacement parts, contact the ICON Health & Fitness, Ltd. office, or write:

ICON Health & Fitness, Ltd.
Unit 4
Revie Road Industrial Estate
Revie Road
Beeston
Leeds, LS118JG
UK

Tel:

08457 089 009

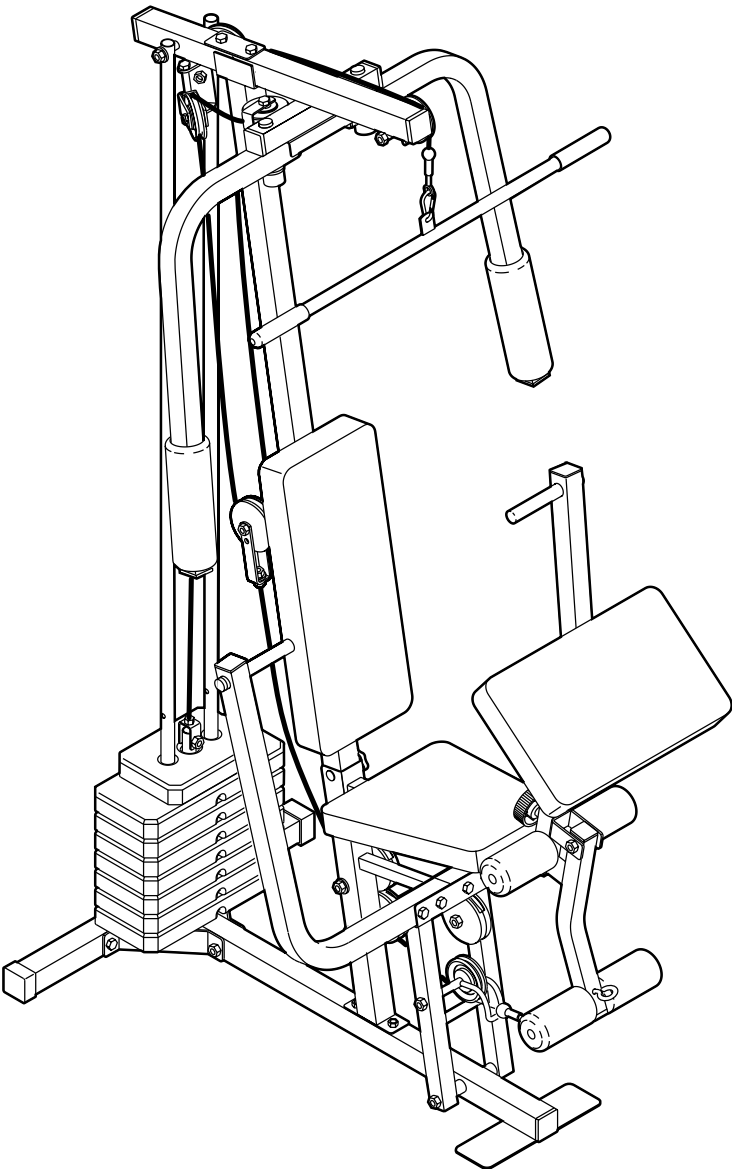
Outside the UK: 0 (044) 113 387 7133
Fax: 0 (044) 113 387 7125

Please provide the following information when ordering replacement parts:

- the MODEL NUMBER of the product (WLEVSY19220)
- the NAME of the product (WESLO® GYM 1500)
- the SERIAL NUMBER of the product (see the front cover of this manual)
- the KEY NUMBER and DESCRIPTION of the part(s) (see the PART LIST and EXPLODED DRAWING in the centre of this manual)

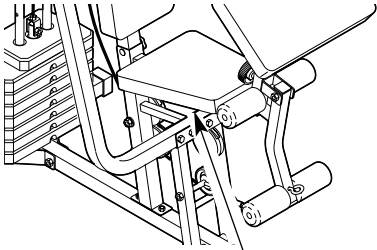


USER'S MANUAL



Model No. WLEVSY19220
Serial No. _____

Write the serial number in the space above for reference.



Serial Number Decal

QUESTIONS?

As a manufacturer, we are committed to providing complete customer satisfaction. If you have questions, or if there are missing parts, please call:

08457 089 009

Or write:
ICON Health & Fitness, Ltd.
Unit 4
Revie Road Industrial Estate
Revie Road
Beeston
Leeds, LS118JG
UK
email: csuk@iconeurope.com

⚠ CAUTION

Read all precautions and instructions in this manual before using this equipment. Save this manual for future reference.



Visit our website at
www.iconeurope.com

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Note: A PART IDENTIFICATION CHART and PART LIST/EXPLODED DRAWING are attached to the centre of this manual. Remove the PART IDENTIFICATION CHART and PART LIST/EXPLODED DRAWING before beginning assembly.

NOTES

TROUBLESHOOTING AND MAINTENANCE

Make sure all parts are properly tightened each time the weight system is used. Replace any worn parts immediately. The weight system can be cleaned using a damp cloth and mild non-abrasive detergent. Do not use solvents.

TIGHTENING THE CABLES

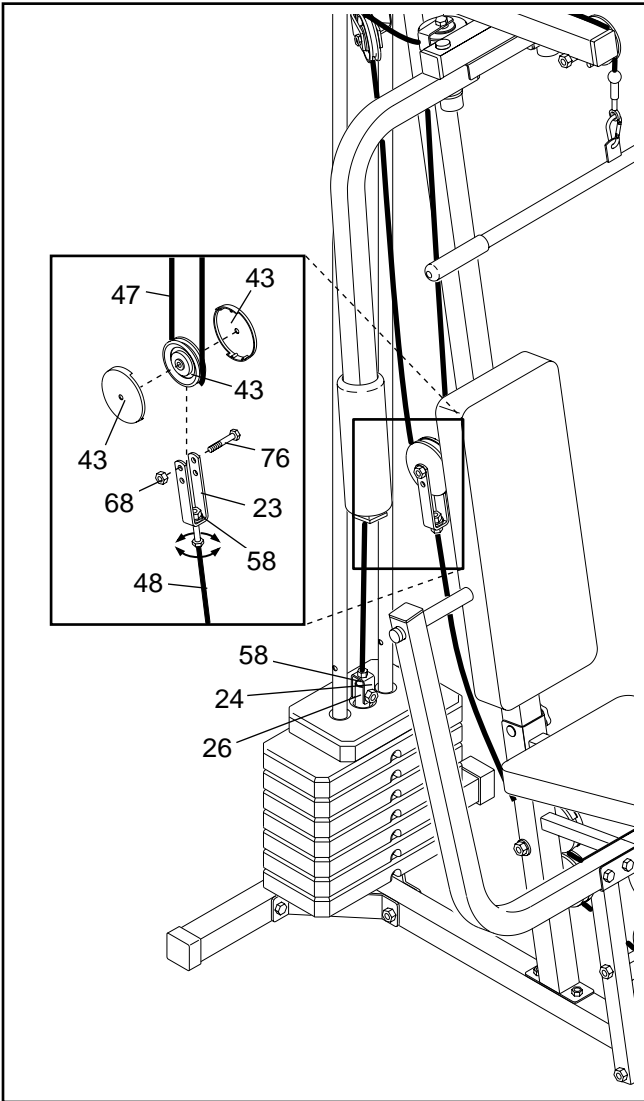
Woven cable, the type of cable used on the weight system, can stretch slightly when it is first used. If there is slack in the cables before resistance is felt, the cables should be tightened.

Slack can be removed from the cables by tightening the M8 Nylon Locknuts (58) at the end of the Long Cable (47) or at the end of the Short Cable (48). To do this you may need to remove the Small “U”-Bracket (24) from the Weight Tube (26), or remove the 90mm Pulley (44) from the Long “U”-Bracket (23). Make sure that the cables are not too tight or the Top Weight (17) will be lifted off the weight stack.

Additional slack can be removed by moving the 90mm Pulley (44) and Pulley Covers (43) attached to the Long “U”-Bracket (23). Remove the M10 Nylon Locknut (68) and the M10 x 52mm Bolt (65) from the Pulley, Pulley Covers, and “U”-Bracket. Re-attach the Pulley and Pulley Covers to the lower hole in the “U”-Bracket with the Bolt and Locknut. **Be sure that the Cable and Pulley move smoothly.**

Note: If a cable tends to slip off the pulleys often, the cable may have become twisted. Remove the cable and re-install it.

If the cables need to be replaced, see ORDERING REPLACEMENT PARTS on the back cover of this manual.



IMPORTANT PRECAUTIONS

⚠ WARNING: To reduce the risk of serious injury, read the following important precautions before using the weight system.

1. Read all instructions in this manual and in the accompanying literature before using the weight system.
2. It is the responsibility of the owner to ensure that all users of the weight system are adequately informed of all precautions.
3. The weight system is intended for home use only. Do not use the weight system in any commercial, rental, or institutional setting.
4. Use the weight system only on a level surface. Cover the floor beneath the weight system to protect the floor.
5. Make sure that all parts are properly tightened each time you use the weight system. Replace any worn parts immediately.
6. Keep children under 12 and pets away from the weight system at all times.
7. Keep hands and feet away from moving parts.
8. Always wear athletic shoes for foot protection.
9. The weight system is designed to support a maximum user weight of 136 kg (300 lbs.).
10. Always stand on a foot plate when performing an exercise that could cause the weight system to tip.
11. Never release the press arm, butterfly arms, leg lever, lat bar, handle, or ankle strap whilst weights are raised. The weights will fall with great force.
12. Make sure that the cables remain on the pulleys at all times. If the cables bind whilst you are exercising, stop immediately and make sure that the cables are on all of the pulleys.
13. *Always disconnect the lat bar from the weight system when performing an exercise that does not use the lat bar.*
14. If you feel pain or dizziness at any time whilst exercising, stop immediately and begin cooling down.
15. The decal shown here has been placed on the weight system in the location shown on page 4. If a decal is missing or illegible, call our Customer Service Department at 08457 089 009 and order a free replacement decal. Apply the decal in the location shown.

⚠ WARNING

- Misuse of this product may result in serious injury.
- Read user's manual and follow all warnings and operating instructions prior to use.
- Do not allow children on or around machine.
- Replace label if damaged, illegible, or removed.

⚠ WARNING: Before beginning this or any exercise program, consult your physician. This is especially important for persons over the age of 35 or persons with pre-existing health problems. Read all instructions before using. ICON assumes no responsibility for personal injury or property damage sustained by or through the use of this product.

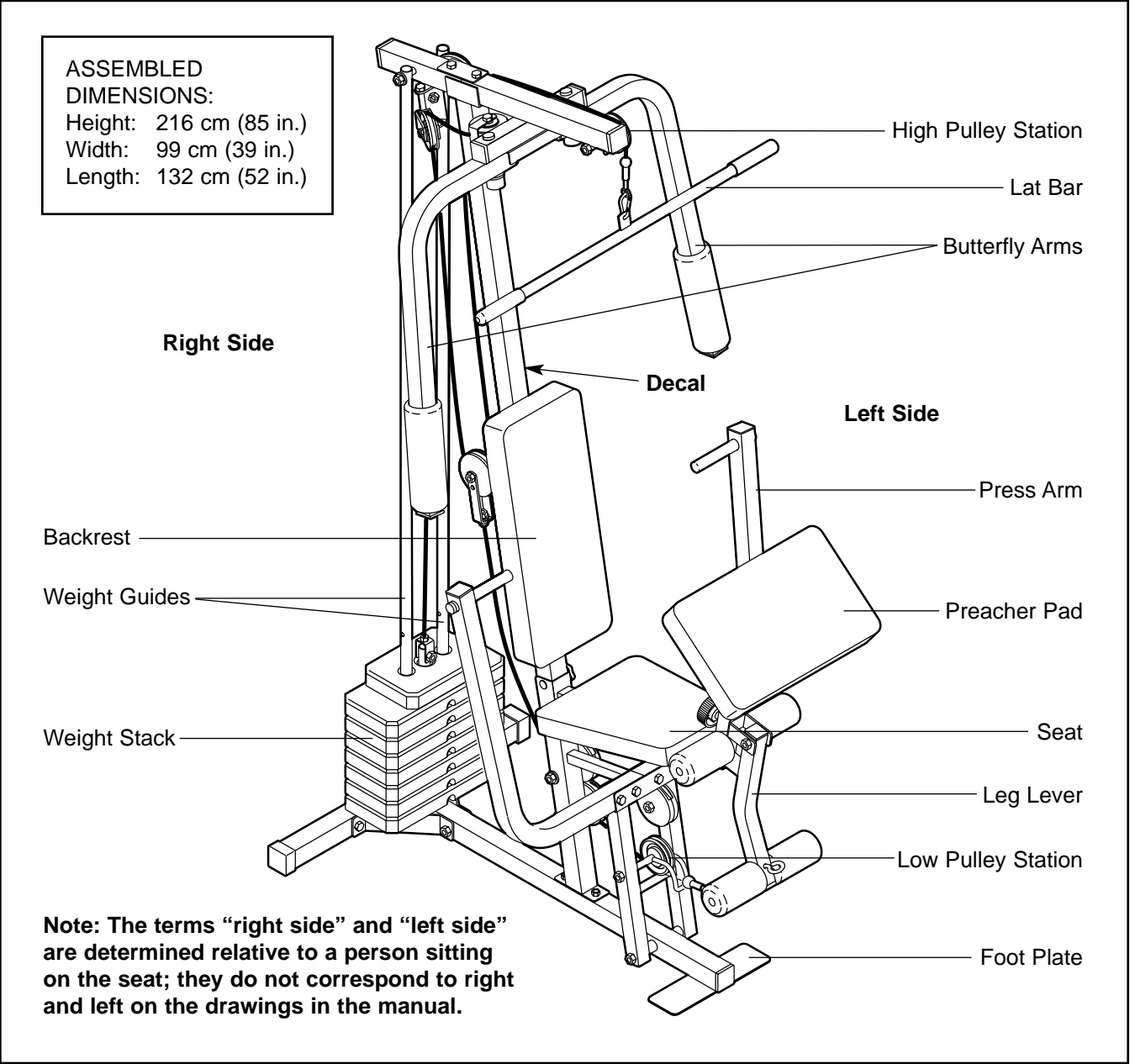
BEFORE YOU BEGIN

Thank you for selecting the versatile WESLO® GYM 1500 weight system. The WESLO® GYM 1500 weight system offers a selection of weight stations designed to develop every major muscle group of the body. Whether your goal is to tone your body, build dramatic muscle size and strength, or improve your cardiovascular system, the weight system will help you to achieve the specific results you want.

For your benefit, read this manual carefully before using the weight system. If you have questions after

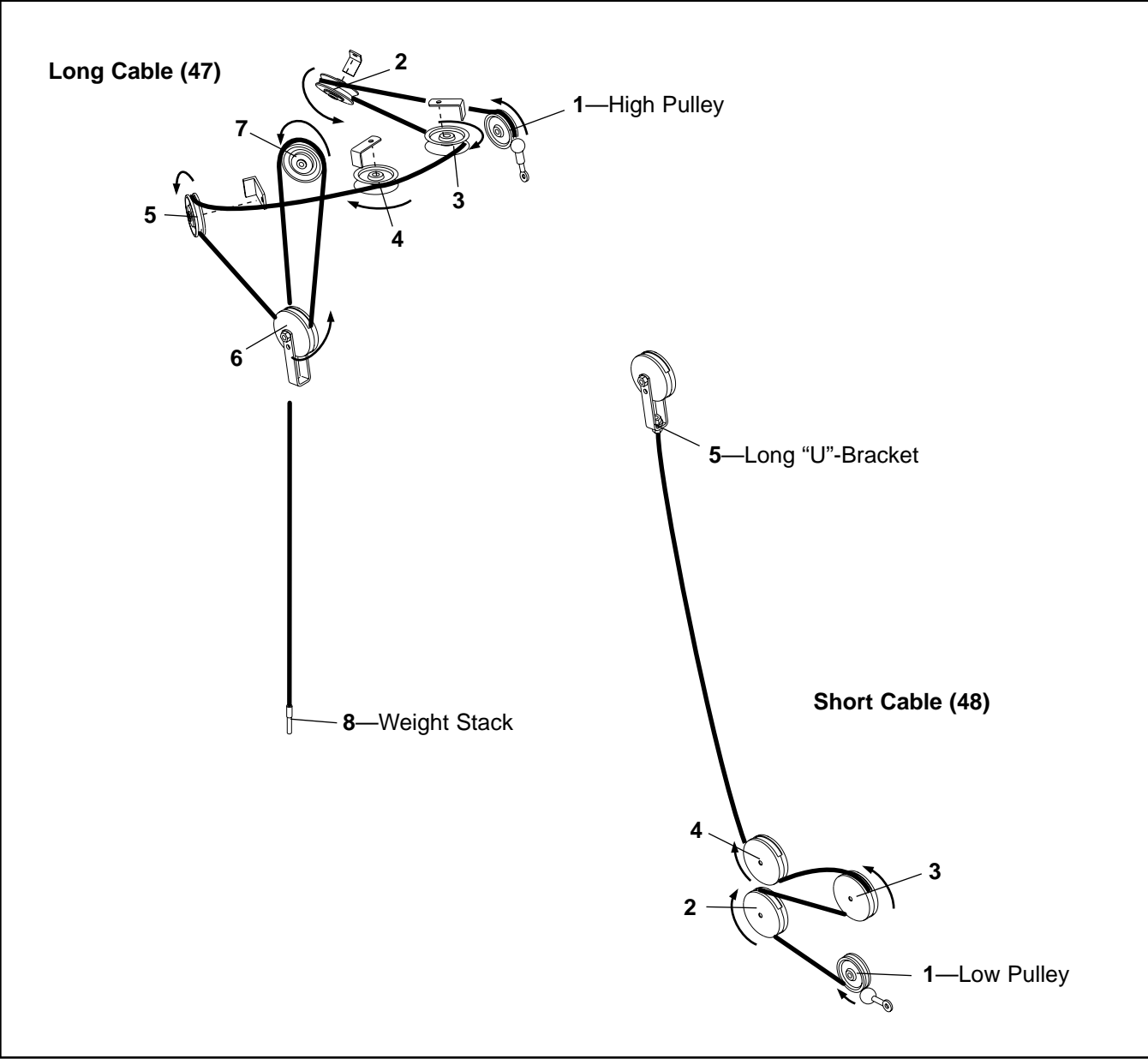
reading this manual, please call our Customer Service Department at **08457 089 009**. To help us assist you, please note the product model number and serial number before calling. The model number is WLEVSY19220. The serial number can be found on a decal attached to the weight system (see the front cover of this owner's manual).

Before reading further, please review the drawing below and familiarise yourself with the parts that are labelled.



CABLE DIAGRAM

The cable diagram below shows the proper routing of the Long Cable (47) and the Short Cable (48). Use the diagram to be sure that the two cables and the cable traps have been assembled correctly. If the cables have not been correctly routed, the weight system will not function properly and damage may occur. The numbers show the correct route for each cable. The starting and ending points of each cable are labelled. **Be sure that the cable traps do not touch or bind the cables.**



WEIGHT RESISTANCE CHART

This chart shows the approximate weight resistance at each station. “Top” refers to the 6 lb. top weight. The other numbers refer to the 12.5 lb. weight plates. Weight resistance shown for the butterfly arm station is for each butterfly arm. The actual resistance at each weight station may vary due to differences in individual weight plates, as well as friction between the cables, pulleys, and weight guides. Note: 1 lb. = .454 kg.

| WEIGHT PLATES | PRESS ARM (lbs.) | BUTTERFLY ARM (lbs.) | LEG LEVER (lbs.) | HIGH PULLEY (lbs.) | LOW PULLEY (lbs.) |
|---------------|------------------|----------------------|------------------|--------------------|-------------------|
| Top | 28 | 11 | 29 | 19 | 29 |
| 1 | 49 | 18 | 59 | 32 | 59 |
| 2 | 69 | 26 | 90 | 45 | 90 |
| 3 | 94 | 38 | 120 | 62 | 120 |
| 4 | 118 | 50 | 150 | 77 | 150 |
| 5 | 144 | 67 | 184 | 93 | 184 |
| 6 | 165 | 80 | 210 | 107 | 210 |
| 7 | 187 | 93 | 235 | 124 | 235 |

ASSEMBLY




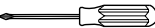
Make Things Easier for Yourself

Everything in this manual is designed to ensure that the weight system can be assembled successfully by anyone. However, it is important to realise that the weight system has many parts and that the assembly process will take time. Most people find that by setting aside plenty of time, assembly will go smoothly.

- Assembly requires two persons.
- Place all parts in a cleared area and remove the packing materials. Do not dispose of the packing materials until assembly is completed.
- Tighten all parts as you assemble them, unless instructed to do otherwise.
- As you assemble the weight system, make sure all parts are oriented as shown in the drawings.

- For help identifying small parts, use the PART IDENTIFICATION CHART at the centre of this manual.

The following tools (not included) are required for assembly:

- Two adjustable spanners 
- One rubber mallet 
- One standard screwdriver 
- One Phillips screwdriver 
- Lubricant, such as grease or petroleum jelly, and soapy water.

Assembly will be more convenient if you have a socket set, a set of open-end or closed-end wrenches, or a set of ratchet wrenches.

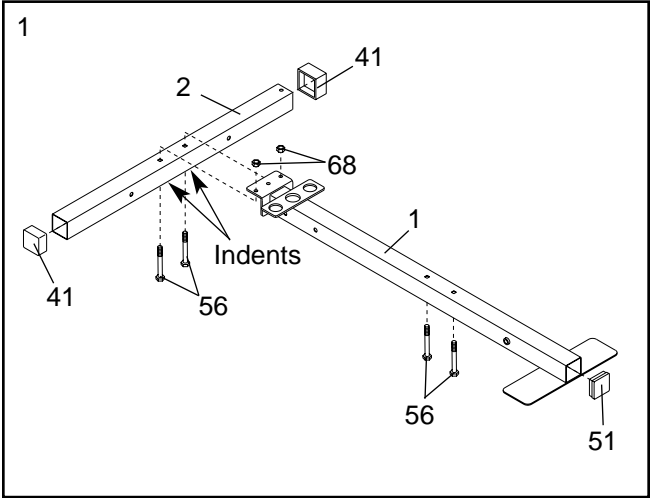
Frame Assembly

1. Before beginning assembly, be sure that you have read and understand the information in the box above.

Press a 50mm Square Inner Cap (51) into the end of the Base (1). Press a 50mm Square Outer Cap (41) onto the ends of the Stabiliser (2).

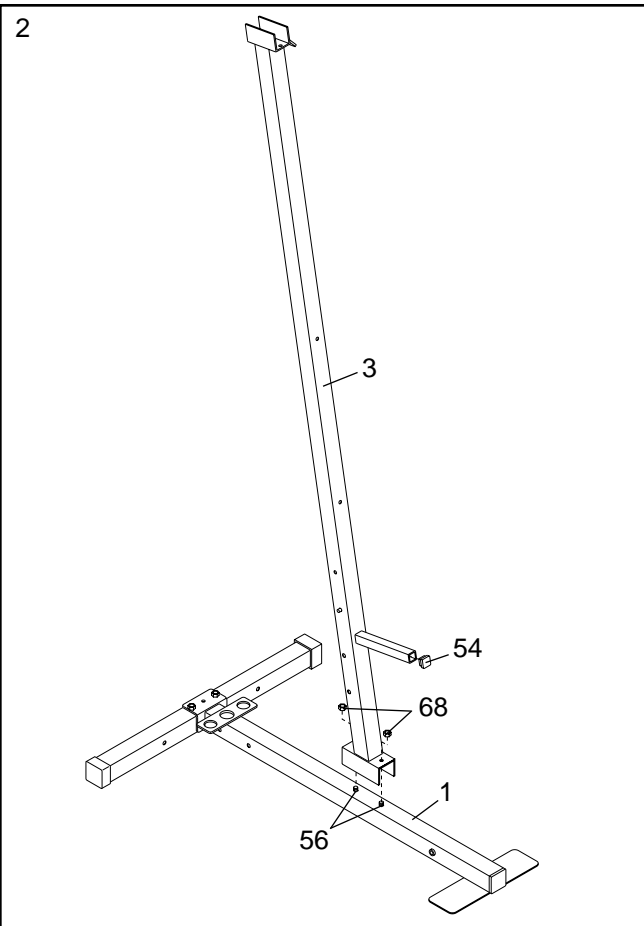
Insert four M10 x 65mm Carriage Bolts (56) up through the Base (1) and the Stabiliser (2). **Note: The indents around the holes in the Stabiliser must be on bottom.**

Slide the bracket on the Base (1) onto the M10 x 65mm Carriage Bolts (56) in the Stabiliser (2). Hand tighten two M10 Nylon Locknuts (68) onto each Carriage Bolt. **Do not tighten the Nylon Locknuts yet.**



- Slide the Upright (3) onto the M10 x 65mm Carriage Bolts (56) in the Base (1). Hand tighten two M10 Nylon Locknuts (68) onto the Carriage Bolts. **Do not tighten the Nylon Locknuts yet.**

Press a 25mm Square Inner Cap (54) into the Upright (3).

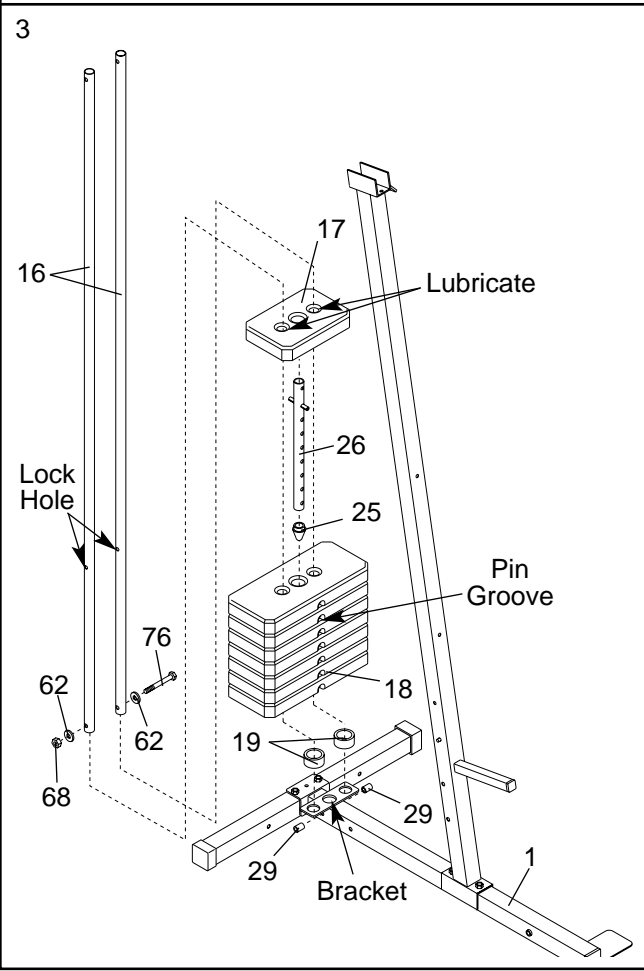


- Place two Weight Bumpers (19) over the indicated holes in the bracket on the Base (1). Insert the two Weight Guides (16) into the holes and attach them to the Base with an M10 x 155mm Bolt (76), two 19mm Spacers (29), two M10 Washers (62), and an M10 Nylon Locknut (68). **Be sure the Weight Guides are oriented so the lock holes are closer to the bottom.**

Slide the seven Weights (18) onto the Weight Guides (16). **Be sure the pin grooves are on the side shown.**

Insert the Weight Tube Bumper (25) into the bottom of the Weight Tube (26). Insert the Weight Tube into the centre hole in the Weights (18).

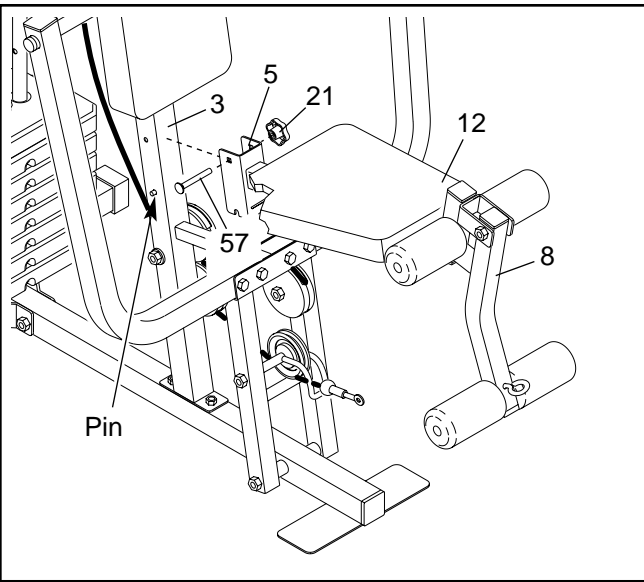
Lubricate the indicated holes in the Top Weight (17). Slide the Top Weight onto the Weight Guides (16). **Be sure the pin groove in the Top Weight is on the bottom.**



ATTACHING AND REMOVING THE SEAT

Set the bracket on the Seat Frame (5) onto the indicated pin on the Upright (3). Attach the Seat Frame to the Upright with the M8 x 65mm Carriage Bolt (57) and the Seat Knob (21).

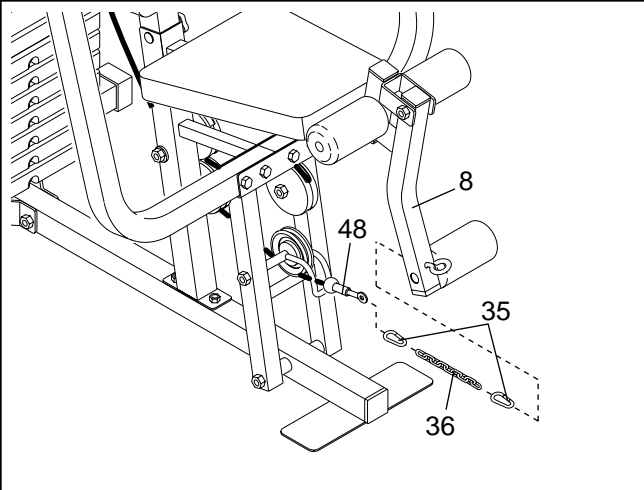
For some exercises, the Seat (12) must be removed. First, be sure that the Chain (not shown) is not attached to the Leg Lever (8). Next, remove the Seat Knob (21) and the M8 x 65mm Carriage Bolt (57) from the Seat Frame (5). Lift the Seat Frame off the Upright (3).



ATTACHING THE LEG LEVER TO THE LOW PULLEY STATION

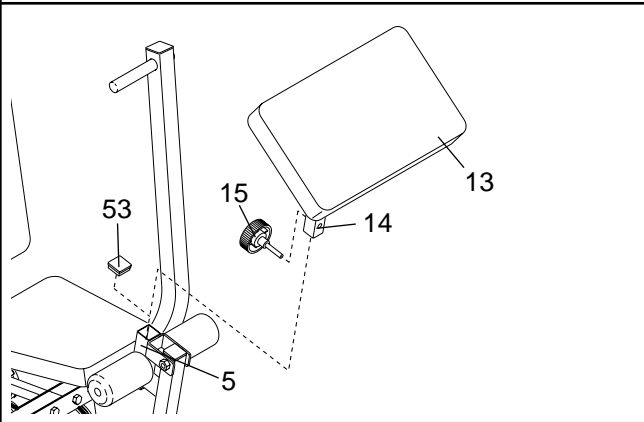
To use the Leg Lever (8), the seat must be attached to the upright (see ATTACHING AND REMOVING THE SEAT, above).

Attach the Short Cable (48) to the bracket on the back of the Leg Lever (8) with a Chain (36) and two Cable Clips (35).



ATTACHING THE PREACHER PAD

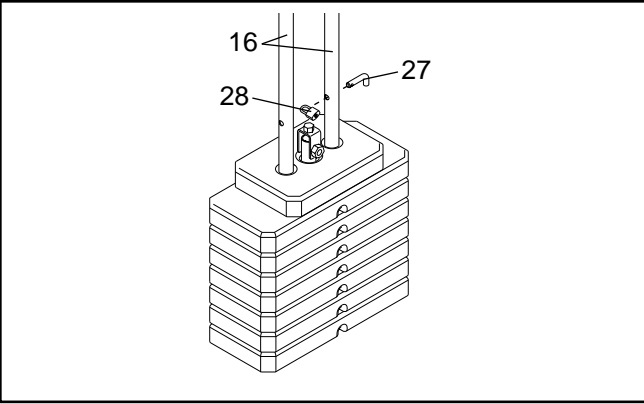
To use the Preacher Pad (13) remove the indicated 38mm Square Inner Cap (53) from the Seat Frame (5). Insert the Preacher Post (14) into the Seat Frame and secure it with the Preacher Knob (15).



LOCKING THE WEIGHT STACK

To prevent unauthorised use of the weight system, insert the Locking Bar (27) into the indicated hole in one of the Weight Guides (16) and secure the Locking Bar with the Lock (28).

Remove the Lock (28) and Locking Bar (27) to use the weight system again.

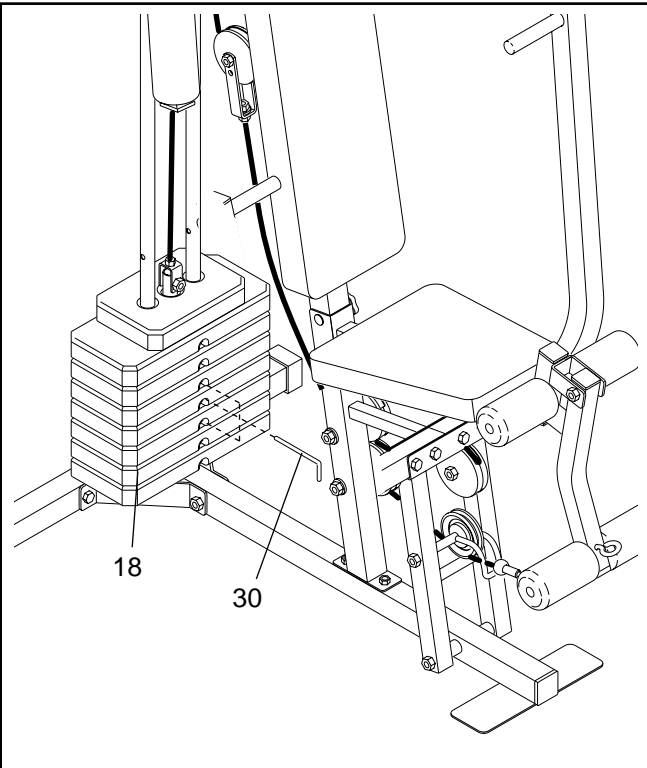


ADJUSTMENTS

The instructions below describe how each part of the weight system can be adjusted. Refer to the exercise guide accompanying this manual to see how the weight system should be set up for each exercise. **IMPORTANT: When attaching the accessories, make sure that they are in the correct starting position for the exercise to be performed. If there is any slack in the cables or chain as an exercise is performed, the effectiveness of the exercise will be reduced.**

CHANGING THE WEIGHT SETTING

To change the weight setting of the weight stack, insert the Weight Pin (30) under the desired Weight (18). Be sure to insert the Weight Pin until the bent end of the Weight Pin is touching the Weights, and turn the bent end downward. The weight setting of the weight stack can be changed from 6 pounds to 93.5 pounds, in increments of 12.5 pounds. **Note: Due to the cables and pulleys, the actual amount of resistance at each exercise station may vary from the weight setting. Use the WEIGHT RESISTANCE CHART on page 16 to find the actual amount of resistance at each weight station.**

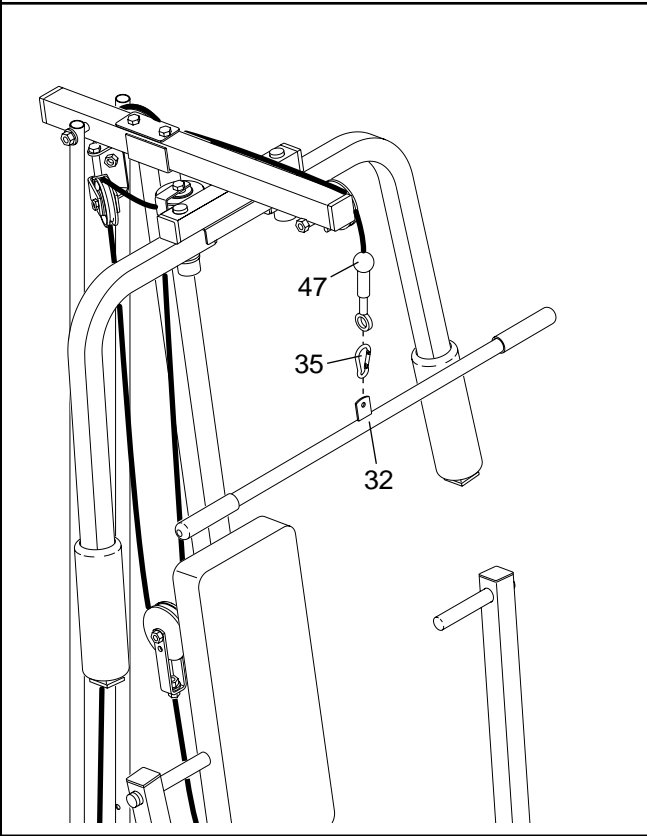


ATTACHING THE ACCESSORIES TO THE HIGH OR LOW PULLEY STATION, OR LEG LEVER

Attach the Lat Bar (32) to the Long Cable (47) with a Cable Clip (35). For some exercises, the Chain (not shown) should be attached between the Lat Bar and the Cable with two Cable Clips. **Adjust the length of the Chain between the Lat Bar and the Cable so the Lat Bar is in the correct starting position for the exercise to be performed.**

Note: The seat frame must be removed from the front upright before the Short Cable (not shown) is used. (See ATTACHING AND REMOVING THE SEAT, on page 15.)

The Ankle Strap (not shown) or Handle (not shown) can be attached to the Long Cable (47), the Short Cable (not shown), or Leg Lever (not shown) in the same manner.



4. Attach the two Base Supports (22) to the Stabiliser (2) with two M10 x 70mm Bolts (64), two M10 Washers (62), and two M10 Nylon Locknuts (68).

Attach the Base Supports (22) to the Base (1) with an M10 x 73mm Bolt (80) and an M10 Nylon Locknut (68).

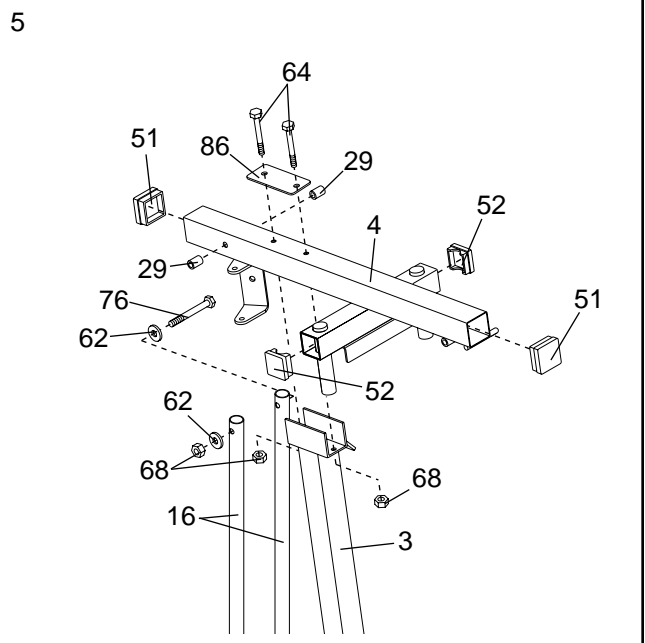
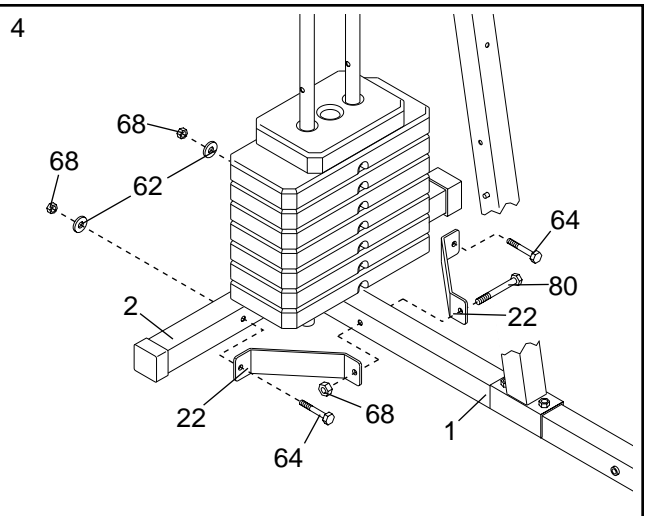
Do not tighten the M10 Nylon Locknuts (68) yet.

5. Press two 50mm Square Inner Caps (51) into the ends of the Top Frame (4). Press two 45mm Square Inner Cap (52) into the crossbar on the Top Frame.

Attach the Top Frame (4) to the Upright (3) with the Support Plate (86), two M10 x 70mm Bolts (64), and two M10 Nylon Locknuts (68).

Attach the Top Frame (4) between the Weight Guides (16) with an M10 x 155mm Bolt (76), two M10 Washers (62), two 19mm Spacers (29), and an M10 Nylon Locknut (68).

Tighten the M10 Nylon Locknuts (68) used in steps 1–5.



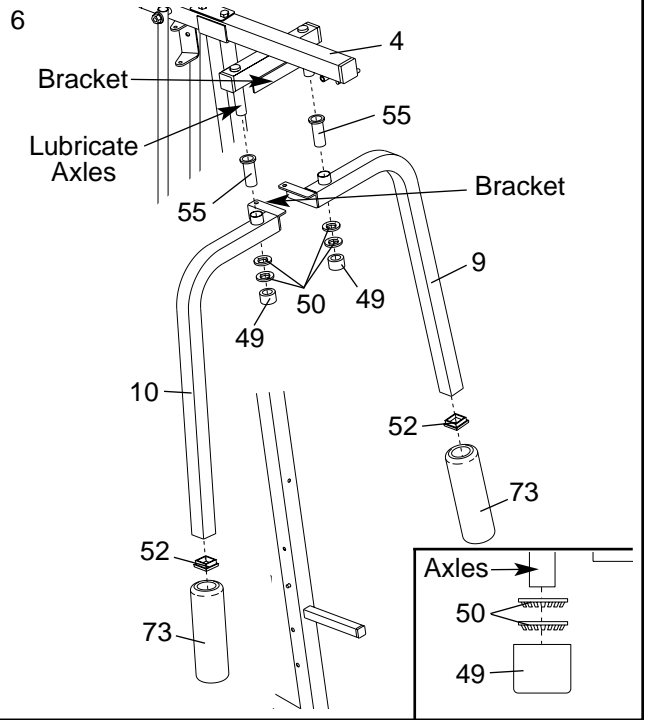
Arm Assembly

6. Lubricate both axles on the Top Frame (4) with grease. Identify the Right Butterfly Arm (10) by the position of the bracket. Press a 27mm x 63mm Plastic Bushing (55) into the Right Butterfly Arm, and slide the Arm onto the right axle on the Top Frame. **Be sure that the upper end of the Butterfly Arm is behind the indicated bracket on the Top Frame.**

Tap two 25mm Retainers (50) and a 25mm Cover Cap (49) onto the right axle. **Be sure that the teeth on the Retainers bend toward the Cover Cap, as shown in the inset drawing.**

Attach the Left Butterfly Arm (9) in the same manner.

Press two 45mm Square Inner Caps (52) into the lower ends of the Butterfly Arms (9, 10). Wet the end of each Arm with soapy water, and slide two Large Foam Pads (73) onto the Arms.



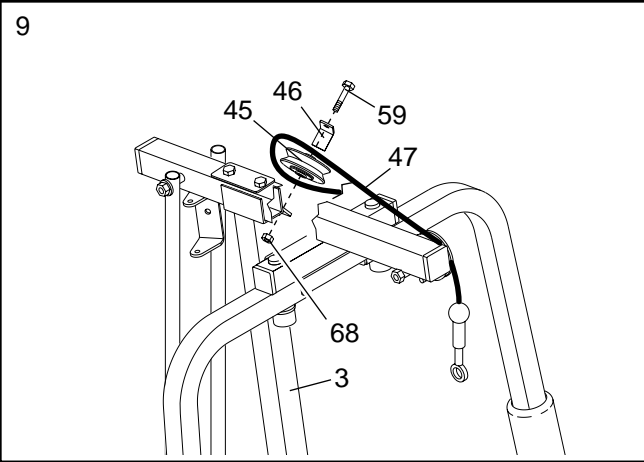
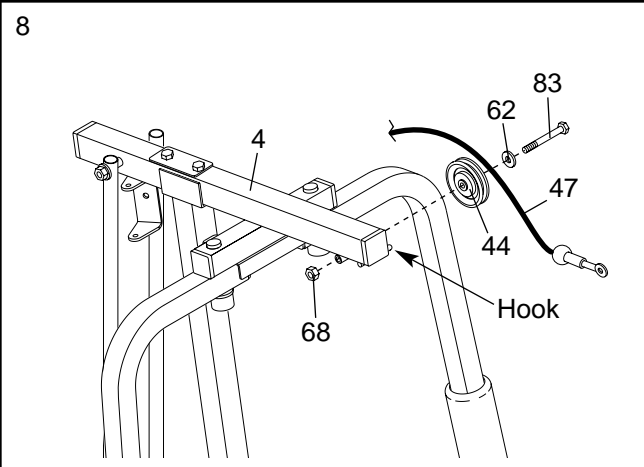
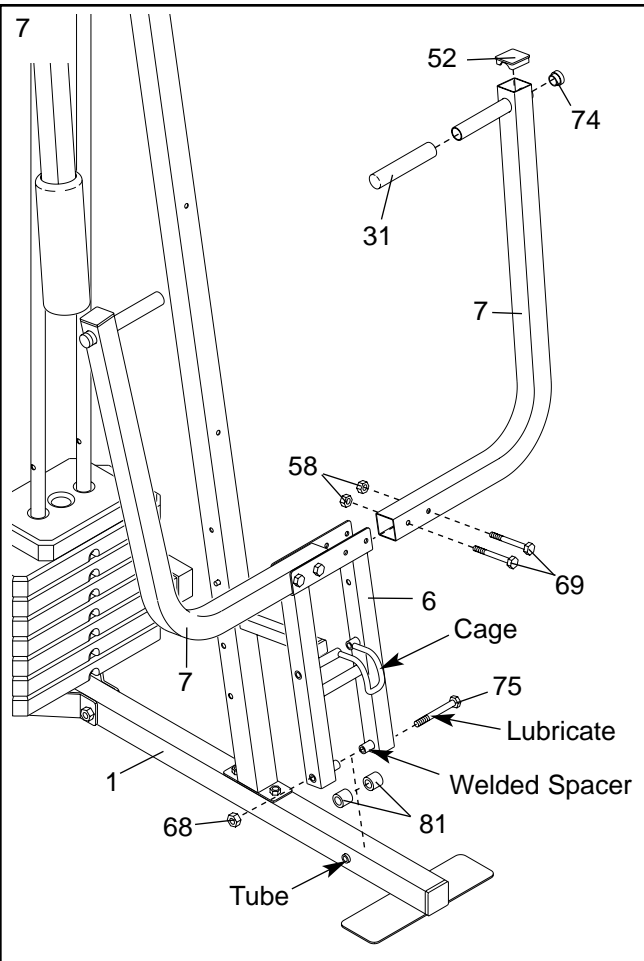
7. Press a 25mm x 22mm Plastic Bushing (81) onto each welded spacer on the Press Frame (6). Slide the Press Frame into place on the Base (1). **Note: This will be a tight fit. The Plastic Bushings should fit onto each end of the indicated tube in the Base. Be sure that the cage is on the side shown.**

Lubricate the M10 x 195mm Bolt (75) with grease. Attach the Press Frame (6) to the Base (1) with the Bolt and an M10 Nylon Locknut (68). **Do not overtighten the Nylon Locknut; the Press Frame must be able to pivot easily.**

Press a 45mm Square Inner Cap (52) into the top of a Press Arm (7). Press a 25mm Round Inner Cap (74) into the outer end of the handle on the Press Arm. Slide a Handgrip (31) onto the handle.

Attach the Press Arm (7) to one side of the Press Frame (6) with two M8 x 63mm Bolts (69) and two M8 Nylon Locknuts (58).

Assemble the other Press Arm (7) in the same manner.



24. Press four 19mm Round Inner Caps (39) into the ends of the two Pad Tubes (37).

Insert one Pad Tube (37) into the Seat Frame (5). Slide two Foam Pads (38) onto the ends of the Pad Tube.

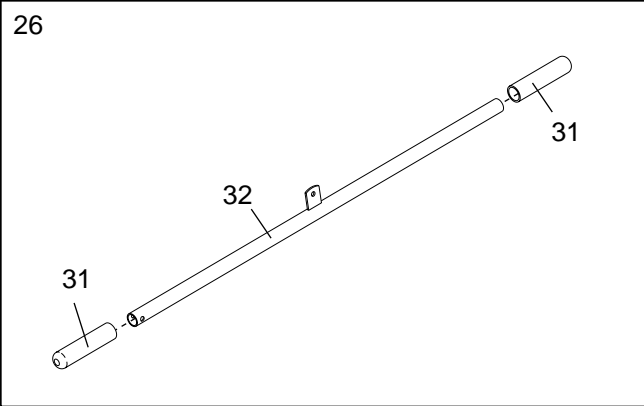
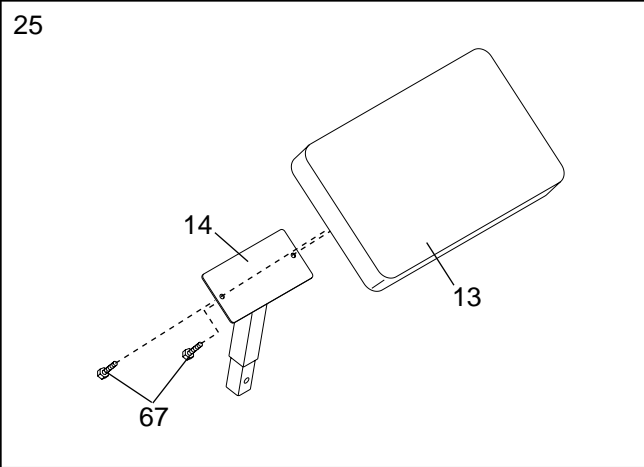
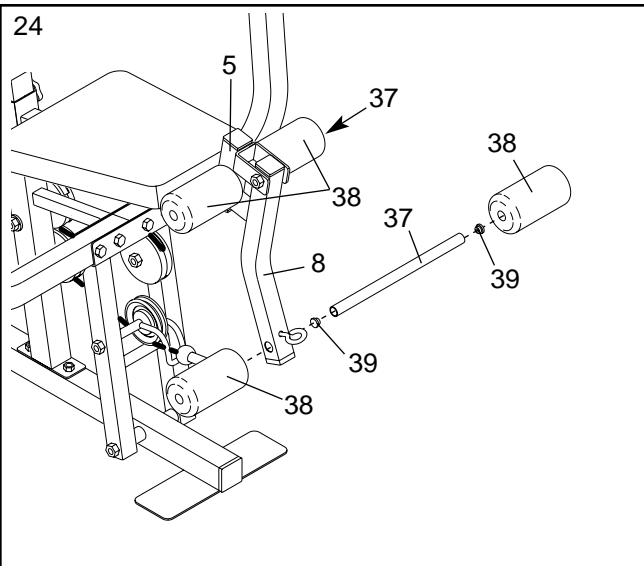
Insert the other Pad Tube (37) into the Leg Lever (8). Slide two Foam Pads (38) onto the ends of the Pad Tube.

25. Attach the Preacher Pad (13) to the Preacher Post (14) with two M6 x 16mm Screws (67).

26. Slide two Handgrips (31) onto the ends of the Lat Bar (32).

27. Make sure that all parts have been properly tightened. The use of the remaining parts will be explained in ADJUSTMENTS, beginning on the following page.

Before using the weight system, pull each cable a few times to be sure that the cables move smoothly over the pulleys. If one of the cables does not move smoothly, find and correct the problem. **IMPORTANT: If the cables are not properly installed, they may be damaged when heavy weight is used. See the CABLE DIAGRAM on page 17 of this manual for proper cable routing. If there is any slack in the cables, you will need to remove it by tightening the cables; see TROUBLESHOOTING AND MAINTENANCE on page 18.**



Cable Assembly

8. During steps 8 through 19, refer to the CABLE DIAGRAM on page 17 of this manual to verify proper cable routing.

Locate the Long Cable (47). Wrap the Long Cable around a 90mm Pulley (44). Attach the Pulley to the Top Frame (4) with an M10 x 90mm Bolt (83), an M10 Washer (62), and an M10 Nylon Locknut (68). **Be sure that the Cable is between the Pulley and the hook, and that the end of the Cable with the ball is on the indicated side of the hook.**

9. Wrap the Long Cable (47) around a "V"-Pulley (45). Attach the Pulley and a Long Cable Trap (46) to the bracket on the side of the Upright (3) with an M10 x 57mm Bolt (59) and an M10 Nylon Locknut (68). **Be sure the Cable Trap is turned to hold the Cable in the groove of the Pulley.**

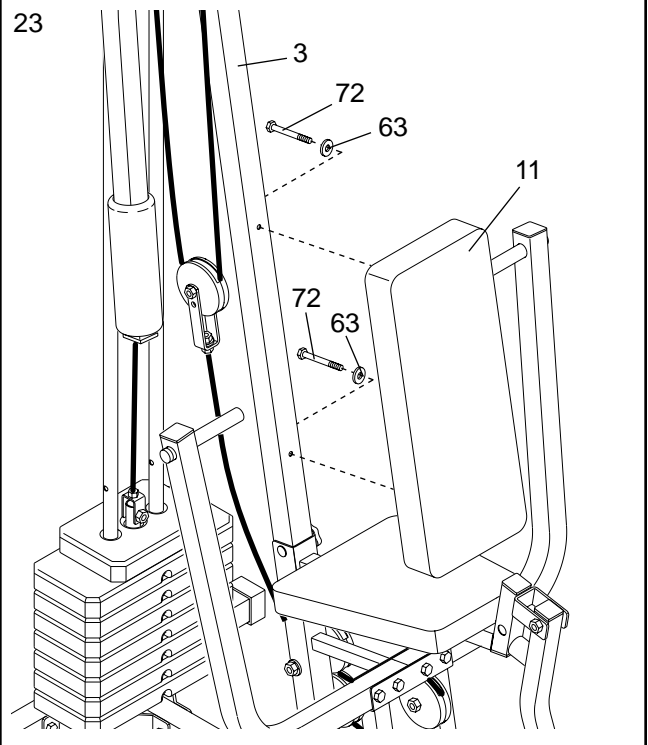
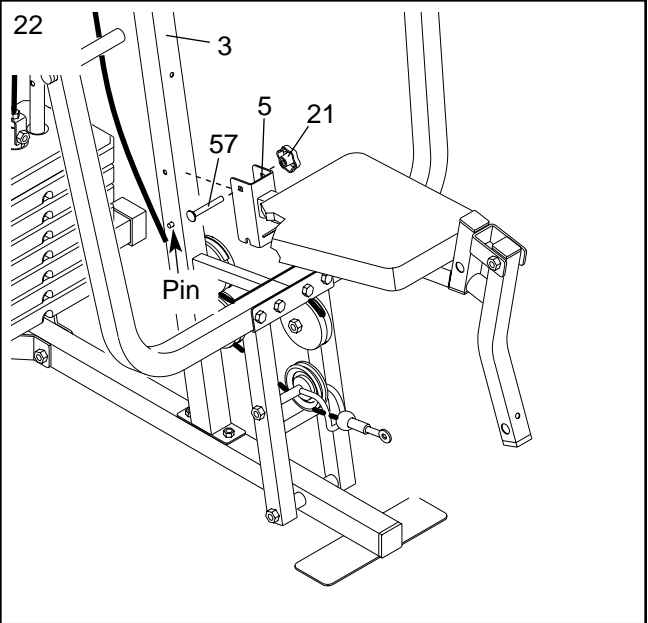
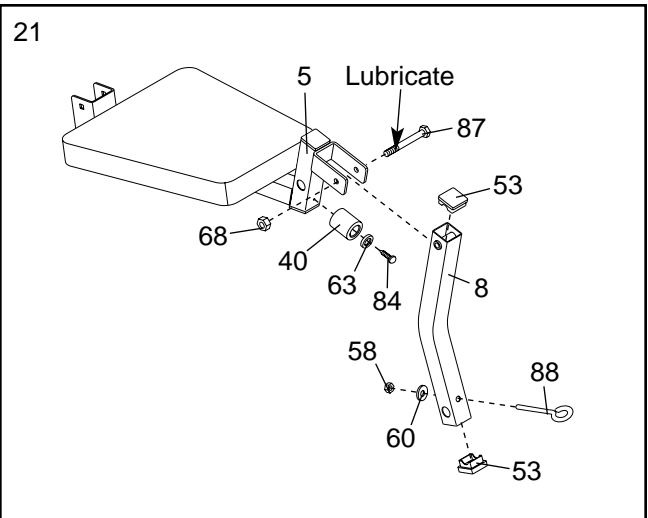
21. Press two 38mm Square Inner Cap (53) into the Leg Lever (8). Attach the Seat Bumper (40) with an M4 x 20mm Screw (84) and an M6 Washer (63).

Lubricate the M10 x 62mm Bolt (87) with grease. Attach the Leg Lever (8) to the Seat Frame (5) with the Bolt and an M10 Nylon Locknut (68). **Do not overtighten the Nylon Locknut; the Leg Lever must be able to pivot freely.**

Attach an Eyebolt (88) to the Leg Lever (8) from the directions shown with an M8 Washer (60) and an M8 Nylon Locknut (58).

22. Rest the Seat Frame (5) on the indicated pin in the Upright (3). Attach the Seat Frame to the Upright with an M8 x 65mm Carriage Bolt (57) and the Seat Knob (21).

23. Attach the Backrest (11) to the Upright (3) with two M6 x 63mm Screws (72) and two M6 Washers (63).



10. Wrap the Long Cable (47) around a "V"-Pulley (45). Attach the Pulley and a Long Cable Trap (46) to the bracket on the Left Butterfly Arm (9) with an M10 x 57mm Bolt (59) and an M10 Nylon Locknut (68). **Be sure the Cable Trap is turned to hold the Cable in the groove of the Pulley.**

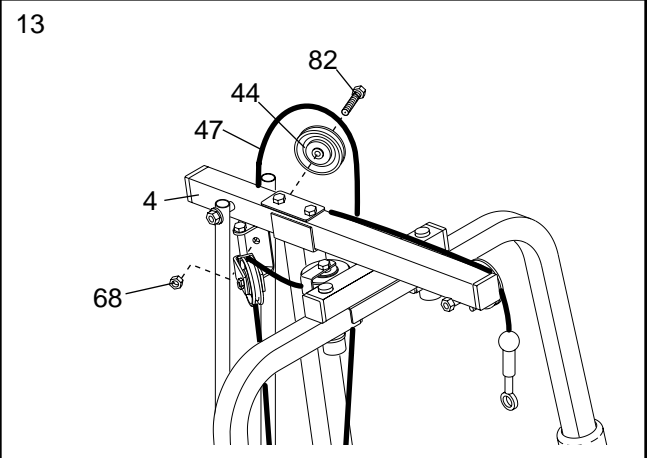
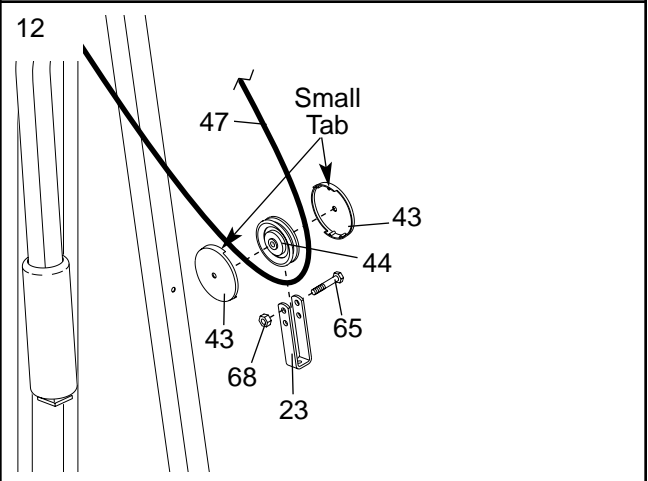
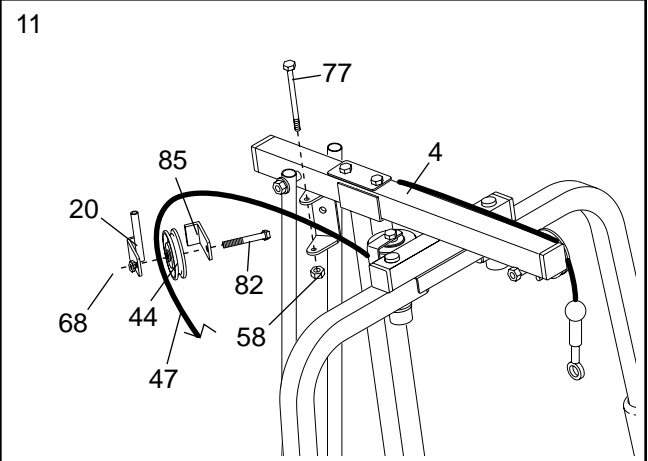
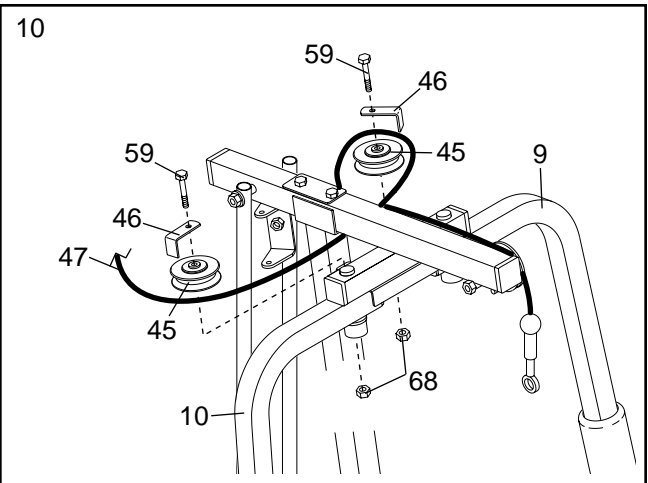
Repeat this step with the Right Butterfly Arm (10).

11. Wrap the Long Cable (47) around a 90mm Pulley (44). Attach the Pulley and a Cable Trap (85) to the Pulley Bracket (20) with an M10 x 45mm Bolt (82) and an M10 Nylon Locknut (68). **Be sure the Cable Trap is turned to hold the Cable in the groove of the Pulley.**

Attach the Pulley Bracket (20) to the Top Frame (4) with an M8 x 117mm Bolt (77) and an M8 Nylon Locknut (58). **Do not overtighten the Nylon Locknut; the Bracket must be able to pivot easily.**

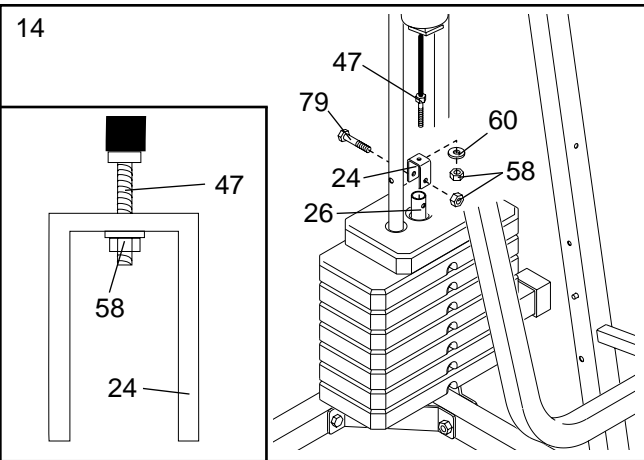
12. Wrap the Long Cable (47) around a 90mm Pulley (44). Attach the Pulley and a pair of Pulley Covers (43) to the top hole in the Long "U"-Bracket (23) with an M10 x 52mm Bolt (65) and an M10 Nylon Locknut (68). **Be sure the small tabs on the Pulley Covers are on top.**

13. Wrap the Long Cable (47) around a 90mm Pulley (44). Attach the Pulley to the bracket on the Top Frame (4) with an M10 x 45mm Bolt (82) and an M10 Nylon Locknut (68).

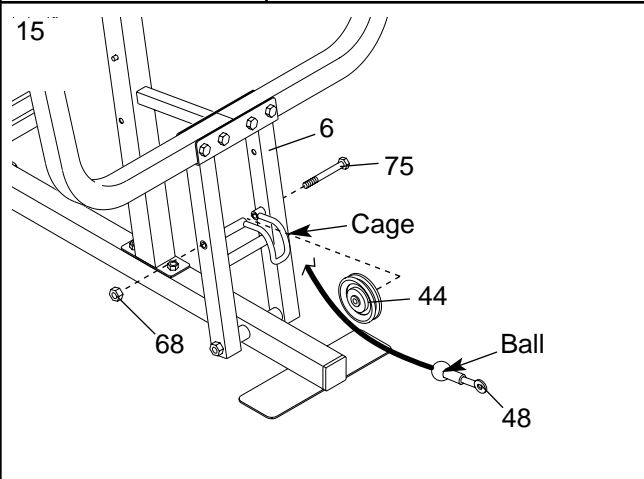


14. Attach the Long Cable (47) to the Small “U”-Bracket (24) with an M8 Nylon Locknut (58) and an M8 Washer (60). **See the inset drawing. Do not overtighten the Nylon Locknut; it should be threaded onto the end of the Cable only two turns.**

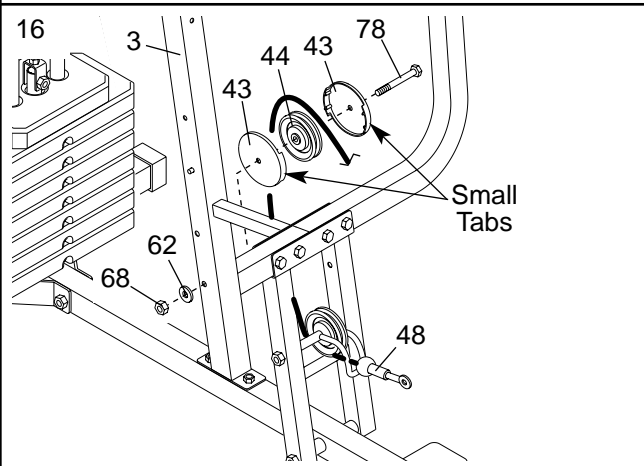
Attach the Small “U”-Bracket (24) to the Weight Tube (26) with an M8 x 42mm Bolt (79) and an M8 Nylon Locknut (58). **Do not overtighten the Nylon Locknut; the “U”-Bracket must be able to pivot on the Weight Tube.**



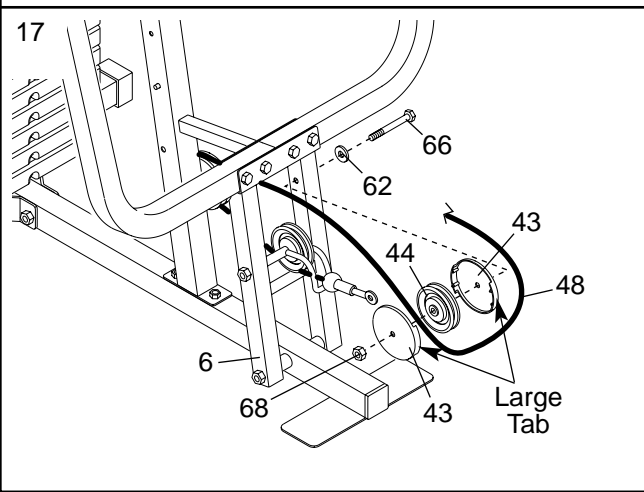
15. **Locate the Short Cable (48).** Route the Short Cable through the cage on the Press Frame (6). Attach a 90mm Pulley (44) to the Press Frame with an M10 x 195mm Bolt (75) and an M10 Nylon Locknut (68). **Be sure that the end of the Cable with the ball is on the indicated side of the cage.**



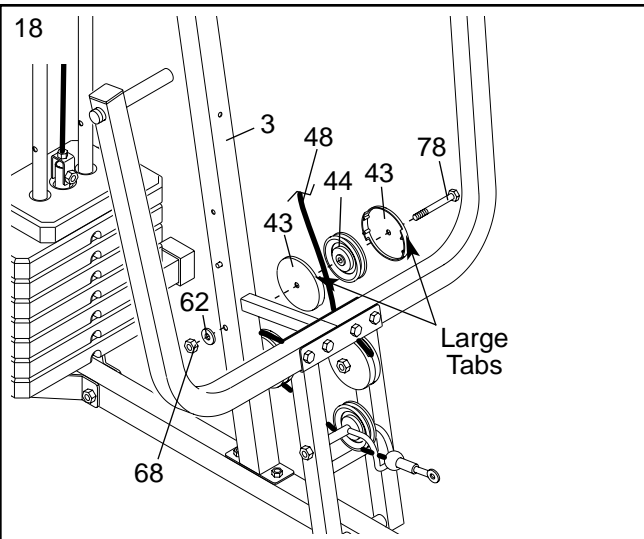
16. Wrap the Short Cable (48) around a 90mm Pulley (44). Attach the Pulley and a pair of Pulley Covers (43) to the lower hole in the Upright (3) with an M10 x 98mm Bolt (78), an M10 Washer (62), and an M10 Nylon Locknut (68). **Be sure the small tabs on the Pulley Covers are on the side shown.**



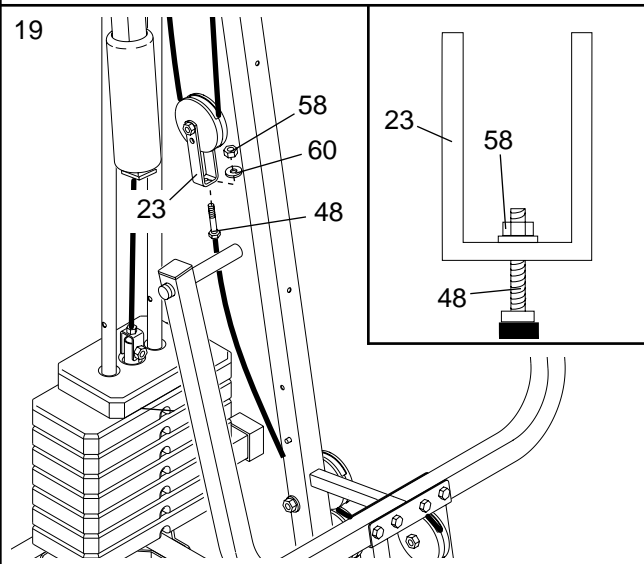
17. Wrap the Short Cable (48) around a 90mm Pulley (44). Attach the Pulley and a pair of Pulley Covers (43) to the Press Frame (6) with an M10 x 85mm Bolt (66), an M10 Washer (62), and an M10 Nylon Locknut (68). **Be sure the large tabs on the Pulley Covers are on the side shown.**



18. Wrap the Short Cable (48) around a 90mm Pulley (44). Attach the Pulley and a pair of Pulley Covers (43) to the middle hole in the Upright (3) with an M10 x 98mm Bolt (78), an M10 Washer (62), and an M10 Nylon Locknut (68). **Be sure the large tabs on the Pulley Covers are on the side shown.**



19. Attach the end of the Short Cable (48) to the Long “U”-Bracket (23) with an M8 Nylon Locknut (58) and an M8 Washer (60). **See the inset drawing. Do not overtighten the Nylon Locknut; it should be threaded onto the end of the Cable so only two threads are showing above the nut.**



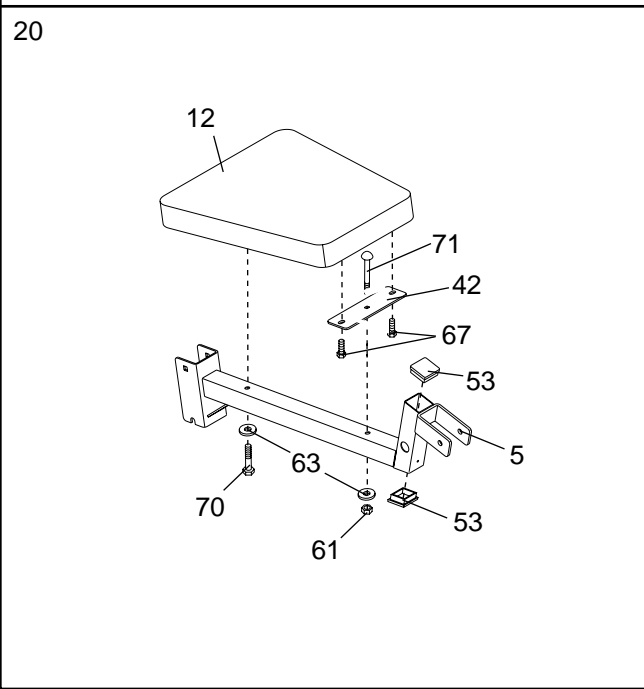
Seat Assembly

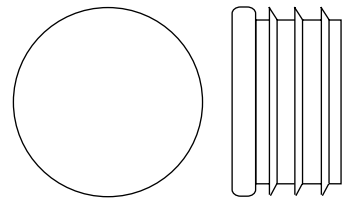
20. Press two 38mm Square Inner Cap (53) into the Seat Frame (5).

Insert the M6 x 50mm Carriage Bolt (71) into the centre hole in the Seat Plate (42). Attach the Seat Plate to the Seat (12) with two M6 x 16mm Screws (67).

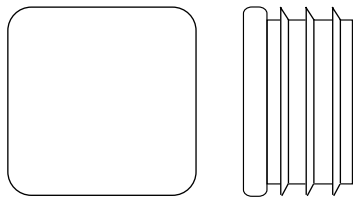
Insert the M6 x 50mm Carriage Bolt (71) into the indicated hole in the Seat Frame (5). Tighten an M6 Nylon Locknut (61) and an M6 Washer (63) onto the Carriage Bolt.

Attach the other end of the Seat (12) to the Seat Frame (5) with a an M6 Washer (63) and the M6 x 50mm Screw (70).

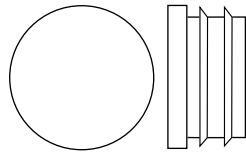




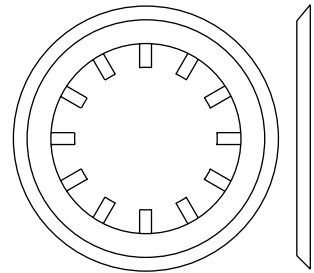
25mm Round Inner Cap (74)



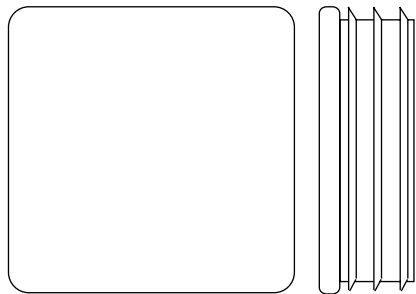
25mm Square Inner Cap (54)



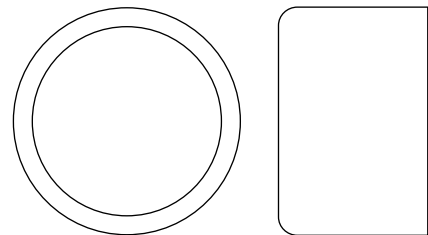
19mm Round Inner Cap (39)



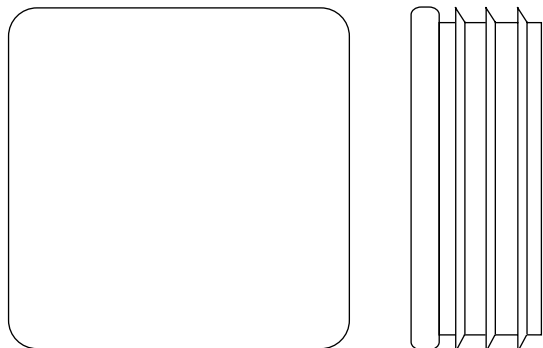
25mm Retainer (50)



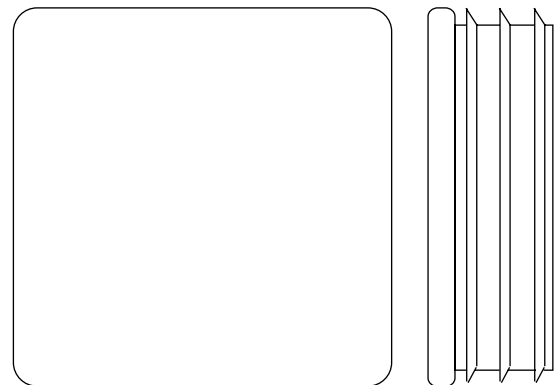
38mm Square Inner Cap (53)



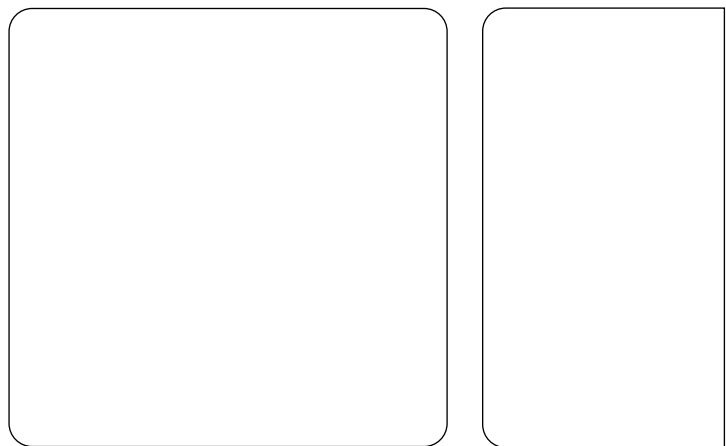
25mm Cover Cap (49)



45mm Square Inner Cap (52)



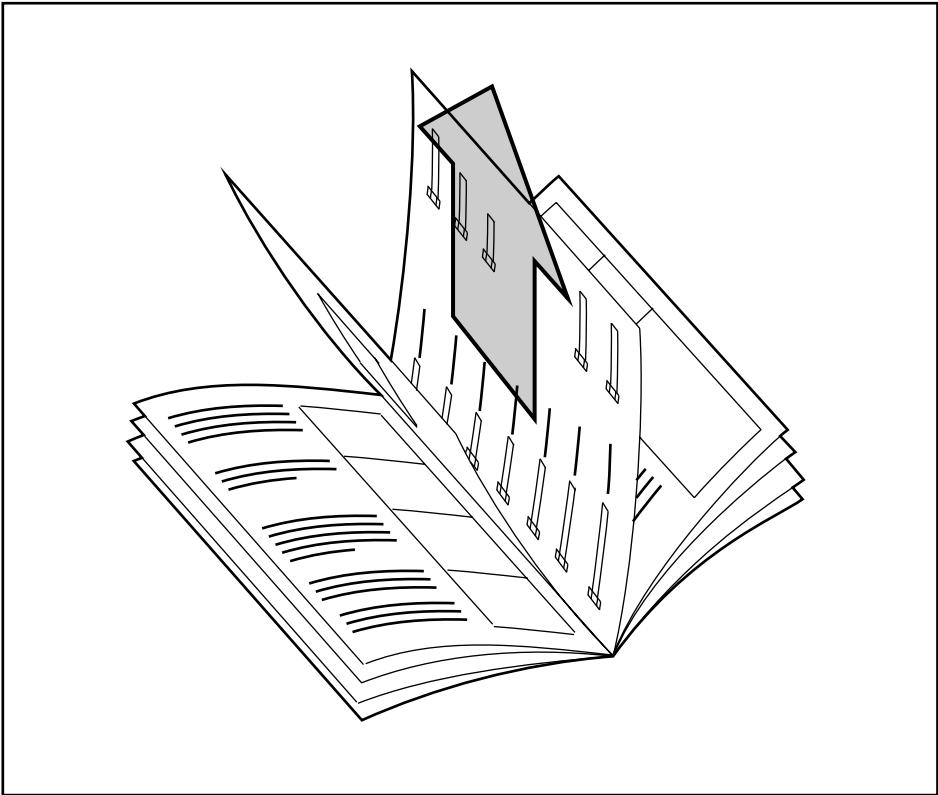
50mm Square Inner Cap (51)



50mm Square Outer Cap (41)

REMOVE THIS PART IDENTIFICATION CHART FROM THE MANUAL. SAVE THIS PART IDENTIFICATION CHART FOR FUTURE REFERENCE.

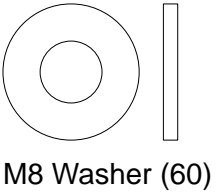
This chart is provided to help you identify the small parts used in assembly. The number in parenthesis below each part refers to the key number of the part from the PART LIST in the centre of this manual. **Important:** Some parts may have been pre-assembled for shipping purposes. If you cannot find a part in the parts bags, check to see if it has been pre-assembled.



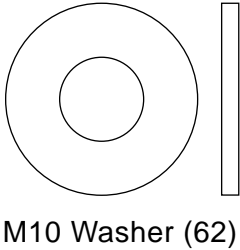
Please Note: The assembly is divided into four stages: 1) frame assembly, 2) arm assembly, 3) cable assembly, and 4) seat assembly. The hardware for each stage is packaged separately. Wait until you begin each assembly stage to open that parts bag.



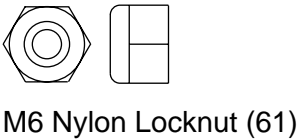
M6 Washer (63)



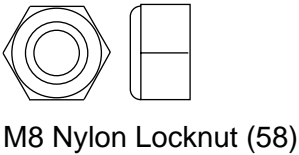
M8 Washer (60)



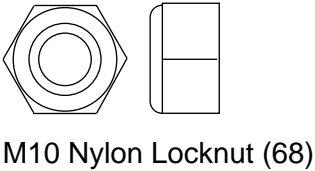
M10 Washer (62)



M6 Nylon Locknut (61)



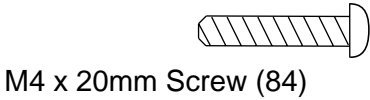
M8 Nylon Locknut (58)



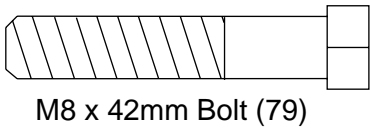
M10 Nylon Locknut (68)



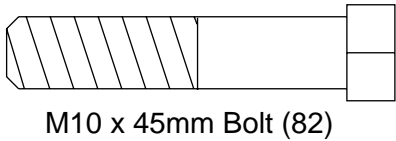
M6 x 16mm Screw (67)



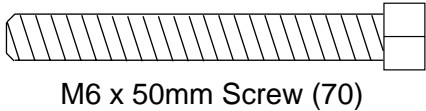
M4 x 20mm Screw (84)



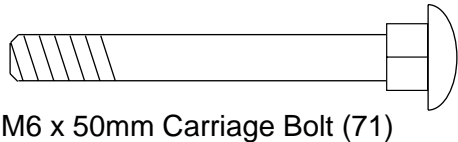
M8 x 42mm Bolt (79)



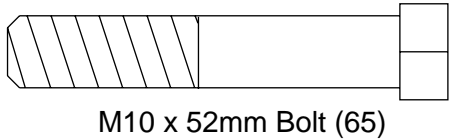
M10 x 45mm Bolt (82)



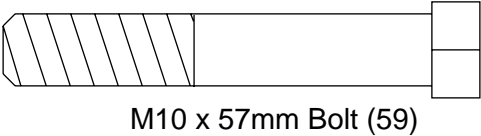
M6 x 50mm Screw (70)



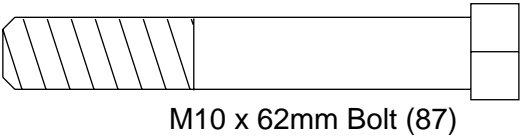
M6 x 50mm Carriage Bolt (71)



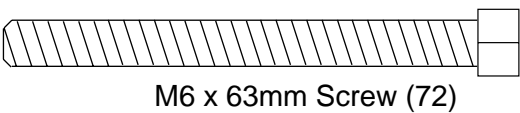
M10 x 52mm Bolt (65)



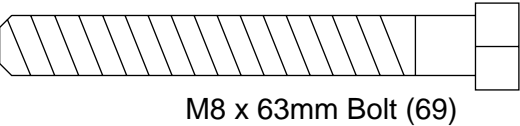
M10 x 57mm Bolt (59)



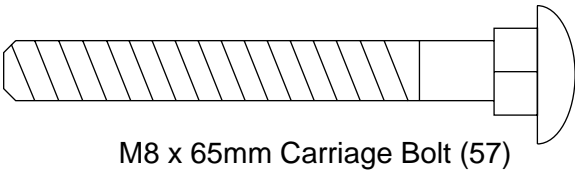
M10 x 62mm Bolt (87)



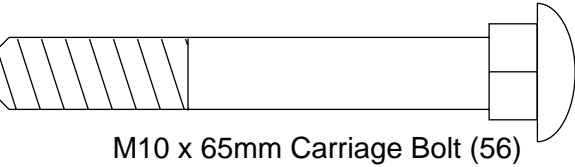
M6 x 63mm Screw (72)



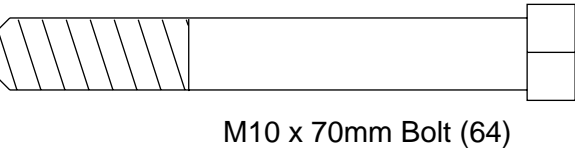
M8 x 63mm Bolt (69)



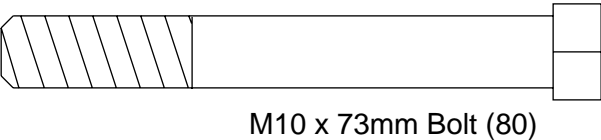
M8 x 65mm Carriage Bolt (57)



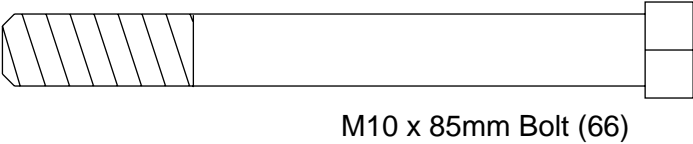
M10 x 65mm Carriage Bolt (56)



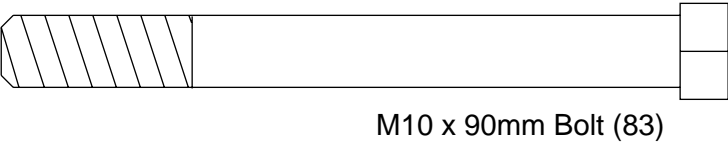
M10 x 70mm Bolt (64)



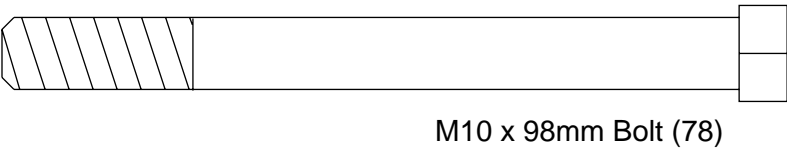
M10 x 73mm Bolt (80)



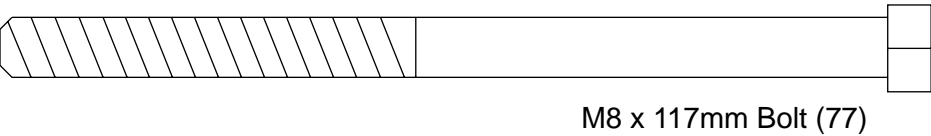
M10 x 85mm Bolt (66)



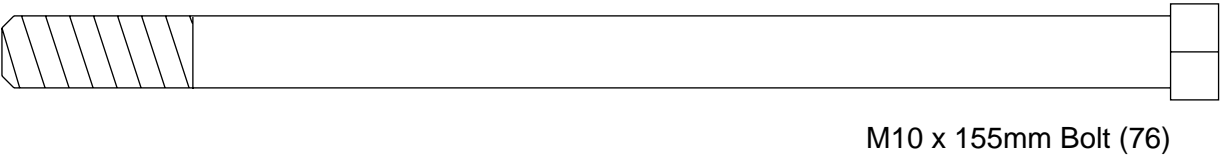
M10 x 90mm Bolt (83)



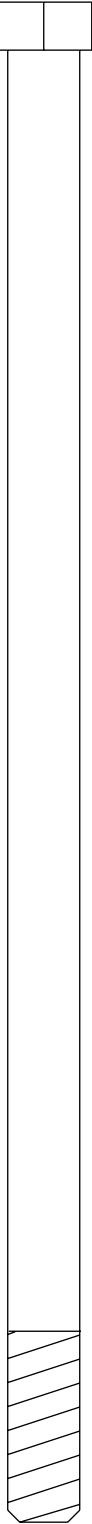
M10 x 98mm Bolt (78)



M8 x 117mm Bolt (77)



M10 x 155mm Bolt (76)



M10 x 195mm Bolt (75)

PART LIST—Model No. WLEVSY19220

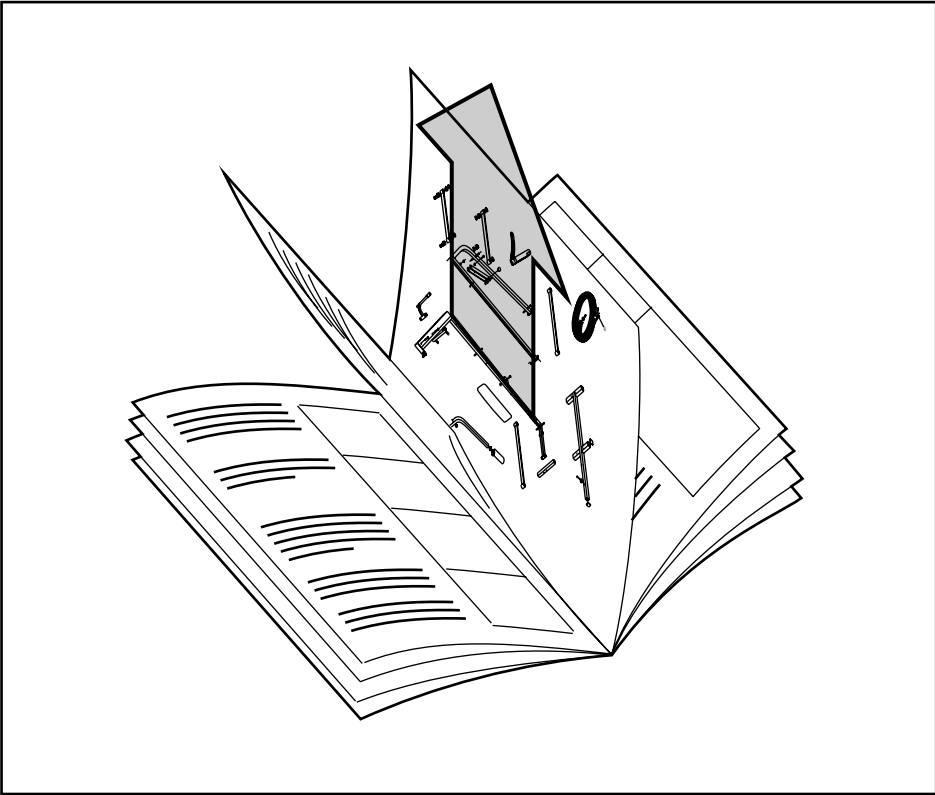
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| Key No. | Qty. | Description | Key No. | Qty. | Description |
|---------|------|-----------------------|---------|------|-----------------------------|
| 1 | 1 | Base | 46 | 3 | Long Cable Trap |
| 2 | 1 | Stabiliser | 47 | 1 | Long Cable |
| 3 | 1 | Upright | 48 | 1 | Short Cable |
| 4 | 1 | Top Frame | 49 | 2 | 25mm Cover Cap |
| 5 | 1 | Seat Frame | 50 | 4 | 25mm Retainer |
| 6 | 1 | Press Frame | 51 | 3 | 50mm Square Inner Cap |
| 7 | 2 | Press Arm | 52 | 6 | 45mm Square Inner Cap |
| 8 | 1 | Leg Lever | 53 | 4 | 38mm Square Inner Cap |
| 9 | 1 | Left Butterfly Arm | 54 | 1 | 25mm Square Inner Cap |
| 10 | 1 | Right Butterfly Arm | 55 | 2 | 27mm x 63mm Plastic Bushing |
| 11 | 1 | Backrest | 56 | 4 | M10 x 65mm Carriage Bolt |
| 12 | 1 | Seat | 57 | 1 | M8 x 65mm Carriage Bolt |
| 13 | 1 | Preacher Pad | 58 | 9 | M8 Nylon Locknut |
| 14 | 1 | Preacher Post | 59 | 3 | M10 x 57mm Bolt |
| 15 | 1 | Preacher Knob | 60 | 3 | M8 Washer |
| 16 | 2 | Weight Guide | 61 | 1 | M6 Nylon Locknut |
| 17 | 1 | Top Weight | 62 | 10 | M10 Washer |
| 18 | 7 | Weight | 63 | 5 | M6 Washer |
| 19 | 2 | Weight Bumper | 64 | 4 | M10 x 70mm Bolt |
| 20 | 1 | Pulley Bracket | 65 | 1 | M10 x 52mm Bolt |
| 21 | 1 | Seat Knob | 66 | 1 | M10 x 85mm Bolt |
| 22 | 2 | Base Supports | 67 | 4 | M6 x 16mm Screw |
| 23 | 1 | Long "U"-Bracket | 68 | 24 | M10 Nylon Locknut |
| 24 | 1 | Small "U"-Bracket | 69 | 4 | M8 x 63mm Bolt |
| 25 | 1 | Weight Tube Bumper | 70 | 1 | M6 x 50mm Screw |
| 26 | 1 | Weight Tube | 71 | 1 | M6 x 50mm Carriage Bolt |
| 27 | 1 | Locking Bar | 72 | 2 | M6 x 63mm Screw |
| 28 | 1 | Lock | 73 | 2 | Large Foam Pad |
| 29 | 4 | 19mm Spacer | 74 | 2 | 25mm Round Inner Cap |
| 30 | 1 | Weight Pin | 75 | 2 | M10 x 195mm Bolt |
| 31 | 4 | Handgrip | 76 | 2 | M10 x 155mm Bolt |
| 32 | 1 | Lat Bar | 77 | 1 | M8 x 117mm Bolt |
| 33 | 1 | Ankle Strap | 78 | 2 | M10 x 98mm Bolt |
| 34 | 1 | Handle | 79 | 1 | M8 x 42mm Bolt |
| 35 | 4 | Cable Clip | 80 | 1 | M10 x 73mm Bolt |
| 36 | 2 | Chain | 81 | 2 | 25mm x 22mm Plastic Bushing |
| 37 | 2 | Pad Tube | 82 | 2 | M10 x 45mm Bolt |
| 38 | 4 | Foam Pad | 83 | 1 | M10 x 90mm Bolt |
| 39 | 4 | 19mm Round Inner Cap | 84 | 1 | M4 x 20mm Screw |
| 40 | 1 | Seat Bumper | 85 | 1 | Cable Trap |
| 41 | 2 | 50mm Square Outer Cap | 86 | 1 | Support Plate |
| 42 | 1 | Seat Plate | 87 | 1 | M10 x 62mm Bolt |
| 43 | 8 | Pulley Cover | 88 | 1 | Eyebolt |
| 44 | 8 | 90mm Pulley | # | 1 | User's Manual |
| 45 | 3 | "V"-Pulley | # | 1 | Exercise Guide |

Note: “#” indicates a non-illustrated part. Specifications are subject to change without notice.

REMOVE THIS PART LIST/EXPLODED DRAWING FROM THE MANUAL.

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EXPLODED DRAWING—Model No. WLEVSY19220

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